



Graduation Plan Physical Education and Health Studies

Freshman Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PEH 106/107	Prof. Activities	2	PAC 1xx	Physical Activity	1
PEH 122	First Aid/CPR	2	Gen Eds.	General Ed. Requirements	Var.
PEH 204	Foundations of Human Structure & Function	4			
Gen Eds.	General Ed. Requirements	Var.			
Total Credits:			Total Credits:		

Sophomore Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PEH 210	Health and Wellness	4	PEH Elec.	Physical Ed. Electives	Var.
PEH 222	Beginning Athletic Training	3	Gen Eds.	General Ed. Requirements	Var.
Gen Eds.	General Ed. Requirements	Var.			
Total Credits:			Total Credits:		

Junior Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PEH 320	Biomechanics	3	PEH 315	Motor Learning	2
	Upper Division Electives	Var.		Upper Division Electives	Var.
Gen Eds.	General Ed. Requirements	Var.	Gen Eds.	General Ed. Requirements	Var.
Total Credits:			Total Credits:		

Senior Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PEH 490	Senior Seminar	2	PEH 412	Management of Health Enhancement & Sport Programs	3
Total Credits:			Total Credits:		