



Graduation Plan

Physical Education and Health: K-12 Teacher Education Major

Freshman Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PAC 108	Swimming	1	EDC 291 (S or E)	Field Practicum	1
PEH 106	Professional Activities I	2	COM 102	Public Speaking	3
PEH 122	First aid/CPR	2	ENG 120	Critical Writing	3
PEH 204	Foundations of Human Structure & Function**	4	Gen Eds.	General Ed. Requirements	9
ENG119/seminar	First-Year Writing	3			
EDC 202	Foundations of Education	2			
Gen Eds.	General Ed. Requirements	3			
Total Credits:		17	Total Credits:		16

** or an equivalent course from a biology department.

Sophomore Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PEH 107	Professional Act II	2	PEH 211	Nutrition	3
PEH 210	Health & Wellness	4	PSY 206	Human Dev. II	3
PEH 222	Beginning Athletic Training	3	EDC 302	Education Psychology	3
PSY 205	Human Dev I	3	EDC 353	Teaching Reading/Writing in Content Areas	3
Gen Eds.	General Ed. Requirements	6	EDC 310	Classroom Management	2
			EDC 370	Student Health & Safety	3
Total Credits:		18	Total Credits:		17

Note: Students may now apply for admission to the Teacher Education Program. Please see your advisor!

Junior Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PEH 320	Biomechanics	3	PEH 315	Motor Learning	2
EDC 341	M/M Elem. Health Enhancement	2	PEH 412	Management	3
EDC 330	Intro to Teaching Excep. Learners.	3	PEH 356	Exercise Physiology	3
EDC 402	Curriculum	3	EDC 365	Native Am Education	3
EDC 336	Technology	1	EDC 391 (S or E)	Junior Field Practicum	1
Gen Eds.	General Ed. Requirements	4	EDC 342	M/M Teaching PE	2
			EDC 427	Student Assessment	3
Total Credits:		16	Total Credits:		17

Senior Year					
Fall			Spring		
Course	Name	Credits	Course	Name	Credits
PEH 391	Field Practicum	1	EDC 454S	Student Teaching	9
PEH 420	M/M Second Health	3	EDC 490	Seminar	3
PEH 421	History & Contemporary Issues	2			
Gen Eds.	General Ed. Requirements	12			
Total Credits:		18	Total Credits:		12