

# Camp Registration



Please send in this section,  
or register online at  
[www.rocky.edu/athletics/camps](http://www.rocky.edu/athletics/camps)

Camper: \_\_\_\_\_

Grade: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ T-shirt size \_\_\_\_\_

School \_\_\_\_\_

Coach's Name: \_\_\_\_\_

**Liability waiver:** Liability waiver: I understand that by the nature of the activity, there is a possibility of accident and I assume the risk and responsibility while my child attends the RMC Big Sky Big Man Camp. I, as a parent/guardian of a minor student, consent to emergency care to be administered to the minor as deemed necessary by the involved physician and/or hospital that is to administer the required treatment of the emergency conditions. I am aware and understand that the RMC Big Sky Big Man Camp does not have medical insurance coverage for camp participants and all medical costs incurred are the sole responsibility of the individual and his/her family.

\_\_\_\_\_  
Parent/Guardian Signature Date

\_\_\_\_\_  
Athlete Signature Date

ROCKY.EDU/ATHLETICS • 406.657.1040



ROCKY  
MOUNTAIN  
COLLEGE

ATHLETIC DEPARTMENT  
1511 Poly Dr - Billings, MT 59102

# RMC ATHLETICS

## 2017 BATTLIN' BEARS FOOTBALL Big Sky Big Man Camp



### June 15-16 Grades 9-12

*"There is no shine without your line."*

ROCKY MOUNTAIN COLLEGE

ROCKY.EDU/ATHLETICS

# 2017 FOOTBALL

## Big Sky Big Man Camp

The goal of Big Sky Big Man Camp is to help linemen develop their technique, as well as their physical and psychological character.

Players will have the opportunity to receive specialized instruction from various college football coaches. The camp features coaches from many of the Frontier Conference schools and representatives from the Big Sky Conference as well.

This special process is for a demanding position that will ultimately determine the success or failure of a team.

## Camp Details

**Objectives:** All linemen will rotate through the offensive and defensive drills:

### Offense

Stance/Starts  
Drive/Cut-off  
Reach  
Scoop/Smash  
Trapping Gap  
Double Team  
Pass Blocking  
Pulling/Trapping

### Defense

Stance/Starts  
Neutralization  
Separation  
Pursuit Angle  
Gap Control  
Key Education  
Pass Rush  
Tackling

*This is a working camp. Campers should start conditioning before coming to camp. We teach the fundamentals and techniques. Most of the time will be spent on drills designed to help each other achieve camp goals. Whenever possible, players will be grouped together by size, grade, and skill level.*

## CAMP SCHEDULE

### Fortin Education Center

#### Day 1

Check-in: 11:00 a.m.-1:00 p.m.  
Welcome: 2:15-2:30 p.m.  
Practice #1: 2:30-4:30 p.m.  
Dinner: 5:15 p.m.  
Film Session: 6:00 p.m.  
Practice #2: 7:00-9:00 p.m.  
Lights out: 10:30 p.m.

#### Day 2

Wake up: 7:15 a.m.  
Breakfast: 7:45 a.m.  
Film Session: 8:15 a.m.  
Practice #3: 9:00-11:00 a.m.  
Lunch: 11:45 a.m.  
Film Session: 12:45 p.m.  
Practice #4: 1:30-3:30 p.m.  
Awards and Closing Remarks: 3:30-4:00 p.m.



## EQUIPMENT TO BRING

- Helmet and shoulder pads
- Football cleats
- Workout clothes
- Socks and shorts
- Soap and towels
- Pillows, sheets, blankets, and clock

Big Sky Big Man Camp will be under the direction of RMC Co-Defensive Coordinator/Defensive Line Coach Jared Petrino and Offensive Line/Strength Coach John Roy. If you have questions, you can contact Coach Petrino at 406.657.1065 or via email at [jared.petrino@rocky.edu](mailto:jared.petrino@rocky.edu).

Grade Entering (circle one): 9 10 11 12

Cost: (please check one)

\$135 Overnight (room + meals)  
 \$110 Day Camp (no room + meals)  
 \$75 Commuter (no room, no meals)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Mail payment to:

Rocky Mountain College  
Attn: Deb Faw  
1511 Poly Drive  
Billings, MT 59102

Method of payment:

Check  
 Cash  
 MasterCard  
 Visa  
 Discover  
 Amex

Signature of cardholder  
\_\_\_\_\_

Name as it appears on card  
\_\_\_\_\_

Credit card# \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Expiration date \_\_\_\_\_/\_\_\_\_\_

## REFUND POLICY

In order to receive a full refund, your written cancellation notice must be received at least 48 hours in advance of the start of camp.