



**Minor in Coaching
Health and Human Performance
Advising Worksheet – See also Course Catalog**

A minimum of 29 semester hours in HHP courses,* including:

Course Number	Course Title	Semester Completed	Grade	Credits
HHP 223	Prevention and Care of Athletic Injuries			
HHP 300	Current Issues and Practices in Coaching			
HHP 316	Motor Development and Learning			
HHP 321	Biomechanics			
HHP 348	Sports Psychology			
HHP 357	Physiology of Exercise			
HHP 412	Management of Health Enhancement and Sport Program			
Choose two of the following:				
HHP 301	Officiating High School Sports			
HHP 302	Basketball Coaching			
HHP 303	Football Coaching			
HHP 305	Track and Field Coaching			
HHP 306	Volleyball Coaching			
HHP 307	Baseball and Softball Coaching			
HHP 308	Strength and Conditioning Coaching			
HHP 311	Soccer Coaching			

***Additionally, First Aid/CPR certification is required before graduation.**

Note: Many state education departments do not require a coach to be a certified teacher but do require that coaches meet qualification standards. This option prepares students to meet those qualification standards.

This worksheet is only a tool to help in the advising process. Please refer to the course catalog to verify additional degree requirements. Students should meet with their advisor regularly and keep track of progress toward their degree.