

SECTION: Human Resources

NUMBER: A-001-04-0003

AREA: Benefits

UPDATED: 6/01/2018

SUBJECT: Wellness

REVIEWED: 03/28/2022

I. PURPOSE

Rocky Mountain College elects to offer a wellness program to its regular full-time employees and regular half-time employees.

II. POLICY

- A. Employees who are full-time may use the facilities at Fortin Center and work out for one hour, three times a week on Rocky time. Employees who are half-time may go work out for one-half hour, three times a week on Rocky time. The wellness benefit is for the use of Fortin Center only and not for anything off campus.
- B. Employees must swipe their ID card at the Fortin Center front desk each time they use the facility.
- C. Employees must coordinate their work out schedule with their supervisor and must be flexible when circumstances dictate that they are needed in the office.
- D. Regular full-time and regular part-time employees with benefits are eligible for a free family (immediate) membership to Fortin Center.
- E. Excepting emeritus faculty, employee memberships, including family memberships, to Fortin Center shall be discontinued upon termination of employment.

III. REVIEW AND RESPONSIBILITIES

Responsible Parties: Human Resource Department

Review: As deemed as appropriate

IV. APPROVAL

Approved: \_\_\_\_\_ Date: \_\_\_\_\_  
President

Approved: \_\_\_\_\_ Date: \_\_\_\_\_  
Chair / Board of Trustees

